



# GLIMPSE THE HOSPITALITY MIRROR

## AITM School of Hotel Management

• **A GLIMPSE OF VISIT TO QATAR**

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### NEW EXECUTIVE DIRECTOR AT AITM

**A THOUGHT OF THE CHEF**  
Kedar silwal Executive chef



He has come a long way , exploring many ups and downs in the field of his career , now having more of experience which he imparts on his students, expresses that a natural flair or affinity should be there inside the students to exhale and accomplish his or her dreams in this sector. He has worked in numerous restaurant chains in U.K for three years and has participated in many cooking competitions and also won the title of best cook of HAN .USA , UK , Pakistan are the places where he was trained. Today he is here with us with his all knowledge & talent.



Mr. Bhupa Das Rajbhandari a prominent and eminent personality

believes in a team work , participation , interpersonal activities and most importantly on learning . Mr. Bhupa Das Rajbhandari who has recently joined the institution as its Executive Director says, "learning never ends and I still have long way to go and learn more and more."

As a new executive director , he aims the college to spread the knowledge and scopes for the upcoming generations who are really interested in this sector. He even give an opinion on the development , establishment and the youths .

He also wants his student to gradually accept more conscientiousness for self discipline and self esteem to project them to strive for excellence.

**Bhupa Das Rajbhandari**  
Executive Director, AITM

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### FOOD AND BEVERAGE MELA-2013

School of Hotel Management schedules its fourth series of Food and Beverage Mela in September 2013. This has been a trend since 2009 where 4th Semester Students completely organize this event as a part of non credit co-curricular activity. With much enthusiasm . In the year 2012, Food and beverage Mela was organized with the spirit of celebration . The Mela was held in the college where different food ,stalls games , entertainment are done with a positive atmosphere by the students and college co-operation .

School of Hotel Management eyes a vision to organize this new event with a particular theme to introduce some of the ethnic cuisines of Nepal. As usual, there will be ample of food stalls, live music concerts and some thrilling activities to draw the people of all ages.

## EXPERIENCE IN QATAR....

At the end of the year 2012, we students of HDHM were given an opportunity from our college Whitehouse School of Hotel Management to visit Qatar. All of us were provided with an opportunity of working in Qatar National Convention Center (QNCC) for an international event that is COP 18 DOHA 2012. Looking backward, visit to Qatar and working in QNCC was a nostalgic experience. A completely new place, various rules and regulations, codes and conduct, and on top of it people with a distinct culture and language.

Moreover, going to Qatar as per me was an interesting and knowledgeable exploration . Qatar as a place is very charismatic. During the stay in Qatar we came along with people from different countries such as Kenya, Lebanon, India, Nepal, Thailand and many more QNCC was a large convention center where big events were held and we were for the COP 18 that was *the* biggest event that took place till date.

Working in kitchen in Qatar we came to know about the Arabic cuisine which I must say is very exotic. . Apart from the kitchen there were cafes and food court which was mainly focused for the event. have a modest ideas about all the section. we learned numerous things working in Qatar.

Whatsoever, working in QNCC and being in Qatar taught us many things. We now have an idea on team work , time management to organize and moreover it has given us confidence on how well we can go along with people who are unlike us.

All of us as a students of HDHM, are very privileged that Whitehouse offered us such a magnificent opportunity to gain knowledge of various things related to our field and also are gratified to them as such opportunity help us in uplifting ourselves in an assortment of ways.

Thank you,  
Nilima Uprety

## TO BEAT THE HEAT HERE'S HOW TO MAKE MOCKTAIL...

### Ingredients:

- 1-1/4 cup water
- 6 hibiscus tea bags (recommended: Red Zinger)
- juice of 1 lime
- 1/2 cup coconut water
- 1-2 cups diet lemon-lime soda, chilled



### Directions:

1. Put the water and honey in a small saucepan and bring to boil .
2. Stir to dissolve the honey; remove from the heat and add the tea bags.
3. Steep the tea for four minutes; remove the tea bags and let the mixture cool completely.
4. Pour the tea mixture into a cocktail shaker and add one cup of ice.
5. Pour in the coconut water and lime juice, put the lid on and shake vigorously until well chilled.
6. Strain into four chilled martini glasses, top each glass off with lemon-lime soda and serve immediately.

**ENJOY...!!!**

## THE RETURN OF MALAYSIAN INTERNSHIP

“Global Educational Consultancy in association with Whitehouse School of Hotel Management was the one which helped us in the whole processing for the internship ”says Kushum Dhital one of the intern.

Mediator - On behalf of the college as a guardian they were taken care by a responsible individual in Malaysia who was as a whole responsible for their health issues and performances.

Among 25 students from AITM 11 of them got an opportunity to work in Marriott International, 4 of them on Sunway Putra, and the remaining of them in Shangri-La Hotel. She further adds "With lots of expectation, when i reached Malaysia I was placed in the Front Office Department where I learnt more than I expected which was also my subject of interest.” Four of them including her were placed in this department where she mentioned it came out as an excellent experience.

As a front office associates they learnt all the process of checking in ,checking out, Guest relations, Room allocation , telephone operator , cash handling , room handling etc. The Malaysia internship was an encouraging and fruitful experience for Ms. Kushum Dhital .All the facilities including accommodation , Fooding , and health were provided during the stay to the interns. At last she adds,” I would suggest all my junior students to be a part of the such internship and explore yourself globally.

## A WORKSHOP ON COOKING AND HYGIENE ON BISHAKH 16 TH 2070



A program which will be conducted on Baisakh 16th at AITM school of hotel management is to be held with a women participation.

A one day program which will be an interesting and encouraging package . The event is based in cooking as well as health education which includes both cooking and hygiene , sanitation . This event prioritize specially for women who are interested in cooking and also for the people who wants to learn more beyond the usual recipe. The college has also considered on presenting interesting clips from the master chef .

Where as the college has also given an exotic offer for the few parents and guardians of the students studying in AITM school of hotel management to be the part of this wonderful and exciting event .

## MOA SIGNED WITH IMI UNIVERSITY CENTRE SWITZERLAND.



The Memorandum of Agreement (MoA) between IMI University Centre Switzerland, and Asian Institute of Technology and Management (AITM), was signed on 25 February 2013, to renew the existing academic collaboration agreement by another 6 years to offer Higher Diploma in International Hotel and Tourism Management (HDHM) in Nepal. Prof. Dr. John Fenby, Dean of the IMI University Centre, Switzerland, signed on behalf of IMI University Centre and Prof. Dr. Sriram Bhagut Mathe, Chairperson of Nepal Education Foundation – Consortium of Colleges, Nepal (NEF-CCN), signed on behalf of AITM.

Under this agreement, AITM can continue to offer the 3 years IMI Higher Diploma course in Nepal with the possibility of one additional year in IMI University Centre, Switzerland to complete the Bachelor degree with Honors. Prof. Dr. John Fenby emphasizes on having a broad based hospitality education at AITM. He is hope full to have a long run bilateral relationship between both the institution. IMI in a long run have given an expression of interest to Vocational programs, MBA, EMBA and some professional development programs.

## INSIGHT ON ART OF LIVING



Art of living was conducted with participation of 30 participants including senior students , faculties ,non teaching staffs of Asian institute of technology and management... The mentor of the program was Mrs. Niva Pradhan, who happens to be an active member and volunteer for Art of living .

The event was about practicing yoga, sudarshan kriya and a wisdom on happy and positive living . The event was for five days. During the four day session the participants learned about sudarshan kriya and different stage of breathing for stress management .

‘Art of Living’ program is gaining momentum these days amongst the dwellers of the metropolitan cities, where these people are in pursuit of peaceful mind and positivity escaping the mundane routine of their professional life and the hustle and bustle of the city.

There was an active participation and team work for this program with media coverage. Each participant was fully satisfied.

## Laughing doze

Husband ( calls up Hotel Manager from his hotel room):“Please come fast! I am having an argument with my wife and she says she will jump off the window of your hotel!!!”

MANAGER: Sir, I’m sorry but its your personal matter .

Husband -Hey you Stupid..the window isn’t opening...



This is a maintenance matter!!! Come & open it right now

## From the new comers.....

I passed my +2 from united academy. I want my best career, but I was confused to choose either business or hotel management .so I consulted with my family and friends. I visited many colleges ... than consulted with my seniors. Finally the student from this college Deewakar kc recommended me to study in this college . I was not sure till I came here saw the practical rooms and class rooms. Today I am completely satisfied in this college with my study and my friends . I have got a good environment here .

Sumit Dangol  
BHM 1st semester

From the very beginning I was interested in hotel management . Through the internet I searched a hotel school where I can get both the facility of learning practically and theoretically in a good way .. Then I came here and now am glad that I chose this college for my better career. With the advance teaching style and method I am very happy to study here .

Prabesh Mahat  
BHM 1st semester

I went to many other college before . My interest of study is in front office . So I searched the college where I could find my destiny and career . One of my friend was also interested in the same course so , we both came to know about this college .We came here ,. I found the college area very peaceful so I decided to come here and study and focus in my future. I am glad to be a student of this college.

Sulakchya Acharya  
BHM 1st semester

### Glimpse

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## A WIN - WIN MATCH OF THE SOCCER

The civil engineering missed out the opportunity to climb the 1st position as they were held to 9-8 stalemate by HDHM in the Civil Cup held on April 3rd, 2013. The match was among the students of biotech , engineering , computer , BID , civil engineering , and HDHM.



The Civil cup climbed the height of its success. This inter college match brought lots of excitement and enthusiasm along. Suwas Baniya of HDHM 3rd semester grabbed the title of the man of the match of the series. The match was on tie where at last the HDHM raised the trophy over penalty. Delighted HDHM credited their fellow players hard labor for the success.

Looking forward for the next match!!!!